



14TH ANNUAL PANCAKE RUN

West Side Catholic Center | Saturday, June 1, 2019 | 8:00 am to 11:00 am

2019 RUNNER REGISTRATION FORM COMPLETE ONE FORM FOR EACH RUNNER

NEW THIS YEAR!

The 2019 Pancake Run will be chip timed.

PRE-REGISTRATION

[\$25] Individual Adult

[\$80] Group/Family of 4 (valid with mail-in only)

[\$15] Children 12 & Under

- Deadline to pre-register online at www.hermescleveland.com: 9AM, Friday, May 31, 2019.
- Deadline to pre-register by mail: Wednesday, May 29, 2019.

[\$30] Day of Registration for All
(cash or check only)

RACE DAY SCHEDULE

- 8:00AM: Race Day Registration/ Packet Pick-Up
- 9:00AM: 5K Run
- 9:05AM: 1 Mile Walk
- 9:45AM: Pancake Breakfast
- 10:00AM: Award Ceremony

THE JESS BELL AWARDS

Top Overall Male

Top Overall Female

Top Overall Male Masters

Top Overall Female Masters

Top Three In Multiple Age Divisions

[10 & UNDER, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 & OVER]

DISTANCE

5K (3.1 miles) over paved roads through historic Ohio City. Course clearly marked with traffic control & protection. Water station at midpoint.

SUBMISSION

SEND ENTRY FORM AND MAKE CHECKS PAYABLE TO:

HERMES SPORTS & EVENTS

2425 W. 11th Street, Suite #2

Cleveland, OH 44113

216-623-9933



Name _____

Address _____

City, State, ZIP code _____

Daytime Telephone Number _____

E-mail Address _____

Participating in (check one): Date of Birth: Age:

1-Mile Walk 5K Run T-shirt size (circle one):

Gender: Male Female S M L XL XXL No shirt

*T-shirts will be given to all preregistered entrants, courtesy of GV Art & Design.
Race day entrants are subject to availability.*

PAYMENT INFORMATION

In consideration of your accepting this entry, I hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the West Side Catholic Center and Hermes Sports & Events, their representatives, successors and assigns for any and all injuries suffered by me in said event or in transit to and from said event. I further attest that I am physically fit and have sufficiently prepared for this event. I will additionally permit the use of my name and/or pictures in the WSCC's publications.

Check enclosed.

Please charge my credit card.

MC Visa Disc Am Ex

Name on card: _____

Card No.: _____

Exp. Date: _____ Auth. Code: _____

Signature: _____

Signature (required)
(If entrant is under 18, parent or guardian must sign)

Billing Address: _____

City, State, Zip: _____

All participants are asked to bring a donation of peanut butter or jelly to support the mission of WSCC.