

Rev.10-19-2017

Celebrating 40 Years



Planning Ahead Cleveland West Road Runners

Newsletter Assembly and Business meeting

Date: November 1st

Time: 6:00 p.m.

Where: 26633 Detroit Road, Westlake

Saturday Morning Breakfast

Date: November 11th

Time: After the 7:30 a.m. group run

Where: Metroparks Rocky River reservation Scenic, Park Pavilion

Sponsors: The "Kathy's"

Fall Classic Half Marathon & 5K Race

Date: November 19th

Time: 9:00 am

Where: Cleveland Metroparks Bonnie Park, Mill Stream Reservation Strongsville

Holiday Lights Run & Celebration

Date: Thursday, December 14th

Time: 6:15 p.m.

Where: Lakewood Park Women's Pavilion

Party Afterward: Lakewood Village Tavern, 13437 Madison Ave. Lakewood.

Business meeting and talk by guest Speaker Ryan Summers on injury prevention.

Date: December 18, 2017

Time: 6:00 p.m.

Where: 26633 Detroit Road, Westlake

Hang over run

Date: January 1, 2018.

Time: 9:00 am.

Where: Metroparks Rocky River reservation Scenic, Park Pavilion

Post run pastries, coffee at Kenilworth Tavern 18204 Detroit Ave. Lakewood.

Great time to pay your 2018 club dues!

Newsletter Assembly and Business meeting

Date: January 10, 2018

Time: 6:00 p.m.

Where: Chip Cooper's new house, 20416 Williamsburg Ct. Middleburg Hts.

Business meeting

Date: February 19,2018

Time: 6:30 p.m.

Where: 26633 Detroit Road, Westlake

Winter Banquet

Date: January 27, 2018

Time: 6:00 p.m.

Where: TBD.

Wine Tasting Party- Spring of 2018

Date: TBD

Time: TBD

Where: TBD.

Sunday Morning Group Run

Dates: Every Sunday throughout the year

Time: 8:00 a.m.

Where: Metroparks, Little Met Golf Course parking lot, down the hill from Fairview hospital

Tuesday Springbok Track Workouts

Date: Every Tuesday March through September

Time: 6:00 p.m.

Where: Westlake High School Track, 27830 Hilliard Blvd., Westlake

Thursday night group Run

Dates: Every Thursday throughout the year

Time: 6:00 p.m.

Where: Spring/ summer/ fall -Metroparks, Rocky River Reservation Nature Center overflow parking lot. (During Day light Savings Time)
Where: Winter- Lakewood Park. (During Standard Time)

Saturday morning group Run

Dates: Every Saturday throughout the year

Time: 7:30 a.m.

Where: Metroparks Rocky River Reservation, Scenic Park Pavilion